

Welcome to Il Postino

We're delighted to have you with us. Enjoy your meal!



ilpostino.co.uk

ANTIPASTI

Nibbles

Ciotola di Olive 5 (V) VG* DF GF
Marinated Sicilian Nocellara olives

Pane e Burro 7 (V) VG* GF* DF
Homemade foccacia & ciabattta
basil butter

Pane con Pere e Gorgonzola 11 (V)
Foccacia bread, gorgonzola, pear, walnuts

Granchio 9 GF*
White crab, marinated, asparagus
served on two peaces of crusty bread

PER COMINCIARE

Starters

Nonna's Arancinetti 11
Homemade rice balls fried
Please ask to find out todays Arancinetti

Crostini ai Funghi 10.70 GF*
Oven baked mixed mushroom, pancetta
mozzarella, spring onions, ciabatta bread
butternut squash pure

Cozze 10.50 GF* DF*
Fresh mussels pan fried with prosecco, chilli-garlic
shallots, parsley, tomato sauce, homemade bread

Burrata 13 GF (V)
Burrata cheese, heritage tomatoes, pesto,
balsamic reduction, fresh basil, crushed pistachio

Fegato alla Veneziana 10.20 DF GF*
Lamb liver cooked in red wine, shallots
cherry tomatoes, homemade bread

Capesante 14.50 GF*
Fresh Scallops, wild mushroom pure, sambuca
crispy pancetta, parsley oil

Bruschetta di Napoli 7.90 (V) VG DF GF*
Tomatoes marinated in EVO, fresh basil
garlic, crusty homemade bread

Calamari Fritti 9.50 DF* GF*
Crisp and tender squid coated in semolina
flower, herbs, chilli, garlic, tartare sauce

Gamberi Piccanti 11 GF* DF*
Pan fried king prawns in white wine
chilli-garlic sauce, homemade crusty bread

Caprino al Forno 11 GF (V)
Oven roasted goat's cheese, butternut squash
rocket leaves, balsamic reduction, beetroot pure
cherry tomatoes, almonds, pomegranates

Allergies and Intolerances

If you have a food allergy or dietary requirements, please inform our staff before ordering
We will do our best to accomodate your needs, but we cannot guarantee a completely allergen-free environment

v - vegetarian

vg* - vegetarian available on request

vg - vegan

vg* - vegan available on request

gf - gluten free

gf* - gluten free available on request

df - dairy free

df* - dairy free available on request

10% Optional Service charge will be added to parties of 7 or more



PASTA

Ravioli del Giorno 17.50

Homemade pasta Ravioli.
Please ask to find out today's Ravioli

Linguine Carbonara 17 GF*

Linguine pasta, guanciale
pecorino cheese, egg yolk

Lasagne 17

Layers of pasta, minced beef bolognese
parmesan, herbs, bechamel, mozzarella

Linguine Il Postino 19 GF* DF*

Linguine pasta with king prawns, mussels
clams, white wine sauce, touch of chilli-garlic

Linguine con Zucca 17.50 (V) VG* DF* GF*

Linguine pasta, wild mushroom, broad beans
butternut squash sauce, stracciatella cheese

Paccheri con 'Nduja 18 GF* DF*

Paccheri pasta, spicy 'Nduja sausage
pancetta, creamy-cherry tomato sauce

Mezzi Rigatoni Arrabbiata 16 (V) VG* GF* DF*

Mezzi Rigatoni pasta with chilli, garlic
fresh basil, cherry tomatoes & tomato sauce

Paccheri con Capesante 22 GF* DF*

Paccheri pasta, scallops, fresh calamari
crushed chilli, samphire

RISOTTO

Risotto di Pollo 18.20 GF DF*

Aged Arborio rice risotto with chicken
asparagus, mascarpone cheese

Risotto al Caprino 18 V VG* GF DF*

Aged Arborio rice risotto, goat's cheese
wild mushroom, walnut, crema tartufata

Risotto con le Cozze 19.50 GF DF*

Aged Arborio rice risotto, king prawns
mussels, clams, touch of chillies, saffron

SIDES

Rocket & Parmesan Salad - 4.50 V GF DF

Tomato & Onion Salad - 4 V VG GF DF

Tenderstem Broccoli - 5 V VG* GF DF*

Asparagus - 5 V VG* GF DF

Curly Kale - 5 V VG* GF

Fries - 5 V GF DF

New Potatoes - 4.50 V GF DF

Truffle Oil Fries - 5.50 V GF DF

Saffron Mashed Potatoes - 4.50 V GF

Spring Onion Crushed Potatoes - 4.50 V GF

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PESCI

FISH

Sogliola 24 GF DF*

Fresh Sole Fillet, hispi cabbage
crusty hazelnut, mussels meat

Catch of the Day 30 GF DF*

Catch of the day. Grilled asparagus
leeks, new potatoes, fish stock sauce

Coda di Rospo 25.90 GF DF*

Monkfish, cannellini beans
curly kale, samphire, shallots

Stufato di Pesce 25.20 DF GF*

Fish Stew with Sole, king prawns, mussels
chilli, tomato sauce, homemade bread

CARNI

MEATS

Petto di Pollo con Funghi 19.50 GF DF*

Grilled chicken breast supreme
creamy mushroom sauce
spring onion- crashed potatoes

Anatra 27 GF DF*

Duck breast, tenderstem broccoli
saffron mashed potatoes, cherry sauce

Bistecca di Manzo 29 GF DF*

Aged grilled sirloin steak 8oz, rocket
leaves, parmesan shaving, new potatoes

Petto di Pollo con Taleggio 21 GF DF*

Grilled chicken breast supreme, carrots
tenderstem broccoli, gorgonzola & taleggio cheese

Cervo 31 GF DF*

Venison saddle, asparagus, pomegranate
new potatoes, port sauce

Filetto di Manzo 32 GF DF*

Prime fillet steak 8oz, curly kale
wild mix mushroom, carrot pure

ADD A SAUCE 3

Pepe Verde - Green peppercorn sauce DF* GF*

Gorgonzola - Blue cheese sauce GF

Vino Rosso - Red wine sauce DF GF

All our meats are locally sourced from local butchers

INSALATAS

Insalata Tonno 15.90 GF DF*

Tuna, cannellini beans, tomatoes
cucumber, crushed chilli, red onions
pomegranate, cos lettuce

Insalata Di Pollo 17.70 GF DF*

Roman lettuce, chicken, anchovies
sweet corn, caesar dressing
homemade crutons, parmesan shaving

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